



CAMP O-AT-KA

2018 WILDERNESS TRIPS



From the youngest boy to the oldest, every camper has the opportunity to learn about himself and his peers in new situations. Our wilderness trips challenge each boy to set and attain goals, to take care of himself and his equipment, and to become the kind of person that others can turn to for support. All campers and staff work collectively with the group, setting up camp, preparing food and cleaning up. Campers sleep overnight in tents and cook on camping stoves and the open fire.

Safety is paramount on all of our wilderness trips. The equipment provided by O-AT-KA is designed for both comfort and safety. Our certified wilderness trip staff have over 20 years experience in leading trips and outdoor expeditions. O-AT-KA's expansive Wilderness Trips program sets it apart from other overnight camps. Your son benefits from learning from our highly trained staff and selecting from a wide venue of adventure trip offerings. While these may be great benefits, at O-AT-KA, we feel the most important benefit to your son is his increased sense of self-confidence, his comfort with living in the outdoors, and knowing that he can do it! In keeping with its character-building focus, O-AT-KA offers an extensive Wilderness Trips Program designed as a progressive program, which provides age-appropriate challenges for each of the different age groups at camp. As campers grow older their skills are put to the test, and each boy can be proud of his accomplishments.

JUNIORS

Green Ridge Sebago, ME

Juniors are treated to a short hike down the camp beach and through the forest to a very special place. With tent platforms and tarps, they get to "rough it" for a night while staying close enough to camp to feel safe and comfortable. After a campfire dinner, we swim, play games, and then settle in under the stars. It serves as a great introductory overnight for our youngest boys.

Douglas Mountain Sebago, ME

Juniors are treated to a day hike (1-2 hours) up local Douglas Mountain. Campers will hike up and enjoy views of Sebago Lake from an old stone tower at the summit.

MIDLERS AND SENIORS

Saco River Fryeburg, ME

An easy one or two-night paddle down the Saco River with plenty of time for swimming, rope swings, and games. We set up camp on established sandbars and stargaze around the campfire.

Androscoggin River 13 Mile Wilderness Canoe Trip - Errol, NH

A one night canoe trip down the meandering Androscoggin River of a less-traveled river than the Saco. The Androscoggin is also well known for its salmon and trout fishing.

Grafton Notch State Park Bethel, ME

Lots of scrambling up and down waterfalls, rock slides, and other adventures. The trip may include visits to Frenchman's Hole Falls, Step Falls, Table Rock, and Screw Auger Falls.

Franconia Notch Hike Lincoln, NH

For the adventure minded, this moderate to difficult ridge hike treks above the treeline, next to scenic waterfalls, leaving you sometimes breathless.

Mount Blue and Tumbledown Mountain Weld, Maine

This 2-night trip begins with an easy hike up Mt. Blue. The next day we scramble up Tumbledown Mountain working towards a mountain swimming hole. On the way home, we can stop to relax in the cascades and waterfalls at Smalls Falls.

Midler Choose Your Own Adventure

The boys meet together with trips staff to plan their own unique wilderness adventure. Our trips staff helps them plan the menu, itinerary, and routes. Past Choose Your Own Adventure Trips have included tubing down the Androsscogin River, playing in the waterfalls at Frenchman's Hole Falls and Step Falls, and canoeing down beautiful rivers.

Sailing Trip Across Sebago Lake

Our experienced sailors sail across Sebago Lake, swim on the adjacent shores, and then camp at Sebago Lake State Park.

Mt. Washington Overnight Mt. Washington, NH

Challenging but rewarding hike up the highest peak in the Northeast. We ascend up the Ammonoosuc Trail past The Lakes of the Clouds Hut, reach the summit, then descend down the mountain using the Tuckerman's Ravine Trail to have dinner at the Pinkham Notch Center.

Mount Katahdin Baxter State Park, ME

One of the most amazingly beautiful and physically challenging hikes in the Northeast. We will hike to the summit via Knife Edge and enjoy camping at a couple of different campsites along the way.

Acadia National Park Bar Harbor, ME (with additional costs)

The Ultimate Adventure Trip in Acadia National Park. On this 2-night trip, we will climb the rocky 60-foot shores of Otter Cliffs with full climbing gear, hike up the Beehive to an unbelievable view of the Atlantic Ocean, swim in the cool waters of Sand Beach, and spend time enjoying the unique neighborhood of downtown Bar Harbor. This trip incurs an additional cost of \$175.

